

Tuckwell Chase Lottery - Self-Exclusion form

Your details

Name	
Address	
Postcode	
Telephone	
Email	
Player reference number	
Exclude from (date)	
Period <i>(minimum of 6 months up to 5 years)</i>	
Signature	
Date	

Please complete this form and return to:

Tuckwell Chase Lottery
Alexandra Barn
1 Waverley Lane
Farnham
Surrey GU9 8BB Tel: 01252 728411

Help and support:

GamCare and BeGambleAware are registered charities providing counselling, advice and practical help in addressing the social impact of gambling in the UK. Help can be accessed from them via:

- BeGambleAware: website www.begambleaware.co.uk
- GamCare: website www.gamcare.org

Both organisations provide:

- On-line chat or forums: <https://www.gamcare.org.uk/get-support/talk-to-us-now/>
- The National Gambling Helpline – 0808 8020 133 (8am-midnight)
- Information about gambling blocking software: <https://www.begambleaware.org/safer-gambling/gambling-blocking-software/>